

## CIAC STATE FINALS WOMEN

EAST HARTFORD, CT

JUNE 3, 1990

\*\*\*\* WOMEN \*\*\*\* SCORING AFTER 15 EVENTS

----- Clerk of the Course (c)1989 Robert Podkaminer -----

PLACE	AFFILIATION	POINTS
1	BLOOMFIELD	40
2	NORWICH FA	36
3	WINDSOR	27
4	WEAVER	24
5	SO WINDSOR	23
6	EAST HARTFORD	22
7	HALL	20
	ENFIELD	20
	HADDAM-KILLINGWORTH	20
10	POMPERAUG	18
11	RHAM	16
12	KILLINGLY	12
13	GUILFORD	10
	WILBUR CROSS	10
	MERCY	10
	WATERFORD	10
17	MANCHESTER	9
	DARIEN	9
19	WESTHILL	8
	MC MAHON	8
	GRISWOLD	8
	STAMFORD CATHOLIC	8
23	GLASTONBURY	7
	FITCH	7
25	SIMSBURY	6
	MASUK	6
	ROCKVILLE	6
	WINDHAM	6
	WOLCOTT	6
	HOUSANTONIC REG	6
31	HAMDEN	4
	LEDYARD	4
	STAMFORD	4
	ST. BERNARD	4
	WESTON	4
	NONNEWAUG	4
	VALLEY REGIONAL	4
38	SOUTHINGTON	2
	WEST HAVEN	2
	AMITY	2
	BUNNELL	2
	STONINGTON	2
43	GREENWICH	1
	NEW BRITAIN	1
	STAPLES	1
	NEW MILFORD	1
	MONTVILLE	1
	JOEL BARLOW	1
	GRANBY	1
	RIDGEFIELD	1
51	BERLIN	.5
	E.O SMITH	.5

CIAC STATE FINALS WOMEN  
JAVELIN THROW

EAST HARTFORD, CT

JUNE 3, 1990

Division: WOMEN

EVENT # 1

ENTRANT #	NAME	Clerk of GR	the Course AFFILIATION	(c) 1989	Robert Podkaminer	PLACE	MARK
291	TRICIA GRIFFITHS		KILLINGLY			1	132-07.0
25	CINDY DEROEHN		EAST HARTFORD			2	124-11.0
296	DAVA PAVIA		MASUK			3	124-03.0
292	NIKKI SCHALLER		HALL			4	117-07.0
4	JENNIFER BARTISS		WEST HAVEN			5	114-04.0
294	SHELLY FLYNN		FITCH			6	108-00.0
297	DOREEN CHERNISKE		NEW MILFORD			7	105-04.0
301	BECCA ARMSTRONG		BERLIN			8	103-03.0
290	KATHLEEN MCCARTHY		STAMFORD CATHOLIC			9	102-10.0
289	ANGELA LINDQUIST		EAST GRANBY			10	98-10.0
299	HEATHER KECHMAN		HOUSANTONIC REG			11	98-09.0
221	SUE HATFIELD		GRISWOLD			12	98-04.0
28	MICHELLE LAU		STAPLES			13	98-00.0
285	CARY BOWMAN		DARIEN			14	97-08.0
288	YVETTE TARNES		WETHERSFIELD			15	96-05.0
26	KRISTEN CONNOR		CHESHIRE			16	91-11.0
287	JEN PRICE		NORTH HAVEN			17	89-08.0
300	DENA ST CLAIR		ST PAUL			18	88-11.0
293	CAROL HELD		AMITY			19	87-03.0
29	JACKIE STEWART		NEW BRITAIN			20	83-10.0
30	TASHA NOWAKOWSKI		GREENWICH			21	83-02.0

HIGH JUMP

Division: WOMEN

EVENT # 2

344	JEN MCCLANE		HADDAM-KILLINGWORTH			1	5-04.0
239	DEMETRIA NELSON		MC MAHON			2	5-04.0
46	ORSELLA COOPER		HAMDEN			3	5-02.0
345	ANGIE JIMINEZ		STAMFORD			3	5-02.0
241	JANELLE JOHNSON		WINDHAM			3	5-02.0
54	KRISTEN SKOGLUND		GLASTONBURY			6	5-02.0
231	BRENDA BISSEL		TOLLAND			7	5-00.0
45	ANOUE DERUITER		WESTHILL			7	5-00.0
242	MELINDA GEE		KILLINGLY			9	5-00.0
230	PENNY WEED		CHESHIRE			10	5-00.0
146	DARIA BROWN		WESTON			11	5-00.0
238	MELISSA SUPRIN		ST. BERNARD			12	5-00.0
240	MARION HOURDEQUIN		HALL			13	4-10.0
237	TRICIA CODY		ST. JOSEPH			13	4-10.0
35	HEATHER BROWN		EAST HARTFORD			13	4-10.0
234	CHRIS GAGE		HADDAM-KILLINGWORTH			13	4-10.0
346	CAREY LINDLAND		MANCHESTER			13	4-10.0
224	JENNIFER LANOUE		GRISWOLD			13	4-10.0
228	B.J. KRUZEL		EAST WINDSOR			18	4-06.0
229	ANGELA MANSFIELD		EAST WINDSOR			19	4-08.0
244	TAMMY STAFFORD		BRISTOL EASTERN			19	4-08.0
347	ELIZABETH FREESE		ROCKVILLE			19	4-08.0

CIAC STATE FINALS WOMEN  
LONG JUMP

EAST HARTFORD, CT  
Division: WOMEN

JUNE 3, 1990  
EVENT # 3

ENTRANT #	NAME	Clerk of the Course GR	(c) 1989 AFFILIATION	Robert Podkaminer PLACE	MARK
31	CRISTEL NELSON		NORWICH FA	1	17-01.0
205	ROSIE HARRIS		WINDSOR	2	17-00.0
35	HEATHER BROWN		EAST HARTFORD	3	16-09.5
32	NORINE MADEAU		NORWICH FA	4	16-09.0
34	RAMKE MARKANT		SOUTHINGTON	5	16-07.5
274	SARA FRAZIER		JOEL BARLOW	6	16-06.5
110	LISA SHAPIRO		GRANBY	7	16-06.0
121	HANNA LAWRENCE		HILLHOUSE	8	16-00.0
244	TAMMY STAFFORD		BRISTOL EASTERN	9	15-11.0
33	MIRILA THOMAS		HOLY CROSS	9	15-11.0
13	ALEXIA CRUZ		MANCHESTER	11	15-09.5
36	SHELLY THOMPSON		HADDAM-KILLINGWORTH	12	15-08.5
116	ANNA TORO		OLD SAYBROOK	12	15-08.5
284	MARION HOURGEQUIN		HALL	12	15-08.5
105	CHRISTINA BLIMLING		GRANBY	15	15-08.0
275	KIRSTIN VERNOTZY		WATERFORD	16	15-05.5
247	LLOY BRODNICKI		HALL	17	15-05.0
276	CHARLENE BALFOUR		BLOOMFIELD	18	15-04.5
283	TAYA BLOUNT		WILBUR CROSS	19	15-03.5
278	MELISSA WILLIAMS		WETHERSFIELD	20	15-03.0
280	TANYA DOUVILLE		SOMERS	21	15-01.0

SHOT PUT

Division: WOMEN

EVENT # 4

205	ROSIE HARRIS		WINDSOR	1	39-05.25
2	MECHELL ARTIS		NORWICH FA	2	37-07.25
206	CHINITA PARKS		WILBUR CROSS	3	36-04.25
207	JENNIFER BROWN		LEDYARD	4	35-08.25
212	DEE RIVERA		BUNNELL	5	35-08.25
1	CLARISSA JAMES		NEW BRITAIN	6	35-05.25
210	MARY MARTIN		WILBUR CROSS	7	34-11.0
208	SUE MCNEIL		FITCH	8	34-00.0
4	JENNIFER BARTISS		WEST HAVEN	10	30-05.25
222	KATHLEEN CARTER		VALLEY REGIONAL	10	33-09.5
209	ELLEN CRESSY		KILLINGLY	11	33-04.0
221	SUE HATFIELD		GRISWOLD	11	33-04.0
216	DIANE GESKINSKY		BERLIN	13	32-06.75
215	BARBARA SYKES		HADDAM-KILLINGWORTH	14	32-05.25
211	MICHELLE ASHMORE		LEDYARD	15	31-11.75
218	SUE SUNDMAN		STONINGTON	16	31-10.75
6	AMY WOOD		SHELTON	17	31-05.0
5	DAWN BROWN		GREENWICH	18	30-09.0
97	TIFFANY WILSON		CONARD	19	30-04.75
213	DANI JACKSON		NORTH HAVEN	20	30-03.25
219	DENA SINCLAIR		ST PAUL	21	30-00.0
217	AMY ZUFFELATO		BERLIN	22	28-07.25
223	SHANNON O'NEIL		PORTLAND	23	28-03.5
214	KEYRA EDMONDS		SHEEHAN	24	28-03.25

CIAC STATE FINALS WOMEN  
DISCUS THROW

EAST HARTFORD, CT  
Division: WOMEN

JUNE 3, 1990  
EVENT # 5

ENTRANT #	NAME	Clerk of the Course GR	(c) 1989 AFFILIATION	Robert Podkaminer PLACE	MARK
215	BARBARA SYKES		HADDAM-KILLINGWORTH	1	125-03.0
340	SUSAN HATFIELD		GRISWOLD	2	116-01.0
42	LINDA MORAN		SIMSBURY	3	111-06.0
206	CHINITA PARKS		WILBUR CROSS	4	108-11.0
333	WENDY ZALEGOWSKI		FITCH	5	107-00.0
5	DAWN BROWN		GREENWICH	6	100-08.0
210	MARY MARTIN		WILBUR CROSS	7	98-11.0
129	SUE DEVLIN		SOMERS	8	98-07.0
4	JENNIFER BARTISS		WEST HAVEN	8	98-07.0
336	CARMELA PRESTI		ROCKY HILL	10	98-02.0
205	ROSIE HARRIS		WINDSOR	11	97-11.0
208	SUE MCNEIL		FITCH	12	97-07.0
338	JULIE HOSKIN		TOLLAND	13	96-06.0
2	MECHELL ARTIS		NORWICH FA	14	96-01.0
337	KRIS MALONEY		WESTON	15	96-00.0
217	AMY ZUFFELATO		BERLIN	16	94-01.0
334	MERRY BERGESON		SO WINDSOR	17	92-06.0
207	JENNIFER BROWN		LEDYARD	18	91-08.0
223	SHANNON O'NEIL		PORTLAND	19	88-09.0
26	KRISTEN CONNOR		CHESHIRE	20	87-08.0
341	ADRIENNE JENKINS		MIDDLETOWN	21	77-06.0

4 X 100 METER RELAY

Division: WOMEN

EVENT # 6

66	/19,20,64,43 CHRIS GRAHAM - TESSA ANTOINE - TAMARA JENKINS - SHAWN WARD		WEAVER	1	50.36
313	/		BLOOMFIELD	2	50.54
315	/		DARIEN	3	50.83
329	/		WINDSOR	4	51.14
69	/31,67,32,44 CRISTEL NELSON - JEN LAPOUREUX - NORINE NADEAU - HEIDI HILINSKI		NORWICH FA	5	51.26
75	/13,70,71,73 ALEXIA CRUZ - LISA SHINNERS - CHERYL ODIERNA - SOUVINHO PHITSAMAY		MANCHESTER	6	51.30
331	/		CONARD	7	51.56
322	/		RHAM	8	51.63
324	/		WETHERSFIELD	9	51.70
326	/		PLAINVILLE	10	51.90
312	/		SOMERS	11	51.92

CIAC STATE FINALS WOMEN  
100 METER HURDLES

EAST HARTFORD, CT  
Division: WOMEN

JUNE 3, 1990  
EVENT # 7

ENTRANT #	NAME	Clerk of the Course GR	(c) 1989 AFFILIATION	Robert Podkaminer PLACE	MARK
43	SHAWN WARD		WEAVER	1	15.20
45	ANOUC DERUITER		WESTHILL	2	15.89
44	HEIDI HILINSKI		NORWICH FA	3	15.90
247	LLOY BRODNICKI		HALL	4	15.95
242	MELINDA GEE		KILLINGLY	5	16.13
249	KAREN GROEBEL		SO WINDSOR	6	16.15
248	KIM STATON		KILLINGLY	7	16.25
256	LISA BEYER		STONINGTON	8	16.61

100 METER DASH Division: WOMEN EVENT # 8

100	KRIS CARVILL		ENFIELD	1	12.54
134	TORREA THORNTON		RHAM	2	12.71
93	LOGAN MAKYANZI		GUILFORD	3	12.85
96	BETH CARDILLO		WINDSOR	4	12.86
94	JEN MCMILLAN		GUILFORD	5	12.95
105	CHRISTINA BLIMLING		GRANBY	6	13.01
135	STEPHANIE CHAMPLAIN		WATERFORD	7	13.05
104	ELENA BASSLER		DARIEN	8	13.07
98	SARAH HENDERSON		RIDGEFIELD	9	13.09

1600 METER RUN Division: WOMEN EVENT # 9

168	ANN PARE		POMPERAUG	1	5:04.15
7	CRIS SANSEVERO		EAST HARTFORD	2	5:06.56
10	KIMBERLY BORST		HOUSANTONIC REG	3	5:15.18
180	YVONNE BARNES		ST. BERNARD	4	5:15.61
174	KRISTEN DALY		DARIEN	5	5:18.46
182	ERIN ST. JOHN		BERLIN	6	5:19.81
179	NANCY BYRNE		E.O SMITH	6	5:19.81
186	KATIE MCGOVERN		NEWTOWN	8	5:21.22
8	KRIS BUCHER		CHESHIRE	9	5:24.38
181	JENN O'CONNOR		E.O SMITH	10	5:26.96
172	KIM LANDRY		LITCHFIELD	11	5:31.41
183	KATIE O'TOOLE		RIDGEFIELD	12	5:31.99
12	KLYA MCKEE		WATERFORD	13	5:35.00
9	TRACY SMITH		HANDEN	14	5:35.48

400 METER DASH Division: WOMEN EVENT # 10

113	LE ANDREA BANKS		BLOOMFIELD	1	56.91
108	KRISTIE CELLA		SO WINDSOR	2	58.53
111	JEN WALKER		ROCKVILLE	3	1:00.43
117	SONIA PARISI		VALLEY REGIONAL	4	1:00.76
115	STACEY SANDERS		BLOOMFIELD	5	1:01.00
153	NICOLA CRABTREE		RIDGEFIELD	6	1:01.03
150	AMY PERICOLOSI		SOUTH CATHOLIC	7	1:01.09
149	KIRSTIN PAQUETTE		WOODSTOCK ACAD	8	1:01.23
49	STEPHANIE MOORE		MERCY	9	1:01.26
48	ALEXANDRA LOUCH		STAPLES	10	1:01.46
148	LAURA PERRUCCI		NONNEWAUG	11	1:01.49
114	CHERYL WINDHAM		DARIEN	12	1:01.63
151	TERI HARPER		ST THOMASAQUINAS	13	1:01.64
136	KRISTEN SIMON		STAFFORD	14	1:01.65
141	JENNY PLANT		AVON	15	1:01.84
50	LAUREN CAIN		GREENWICH	16	1:01.86

307	/	HILLHOUSE	13	52.51
325	/	MIDDLETOWN	14	52.60
343	/	ROCKVILLE	14	52.60
328	/	NW CATHOLIC	14	52.60
319	/	WATERFORD	17	52.67
323	/	ST THOMASAQUINAS	18	52.75
81	/76,77,78,41	HAMDEN MARGARET HUTSELL - PHEONIX MCCOY - CAROL ROBERTS - DANA EDGE	19	53.07
332	/	AMITY	20	53.09
59	/16,55,56,57	NEW BRITAIN ERICKA BARNES - CRYSTAL NEWTON - NOVA GOTTSALK - ALISON MACK	20	53.09
305	/	GUILFORD	22	53.22
63	/21,33,60,61	HOLY CROSS PAM DESANTIS - MIRILA THOMAS - CHANESSA SAUNDERS - KARA QUINN	23	56.92

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CIAC STATE FINALS WOMEN  
300 METER HURDLES

EAST HARTFORD, CT  
Division: WOMEN

JUNE 3, 1990  
EVENT # 11

ENTRANT #	NAME	Clerk of the Course GR AFFILIATION	(c) 1989	Robert Podkaminer	PLACE	MARK
247	LLOY BRODNICKI	HALL			1	45.81
13	ALEXIA CRUZ	MANCHESTER			2	45.94
252	BRENDA TOMA	WOLCOTT			3	46.29
263	ESELYN ESTWICK	BLOOMFIELD			4	46.89
256	LISA BEYER	STONINGTON			5	47.03
250	ALEXIS THOMPSON	NEW MILFORD			6	47.31
271	NICOLA ARMSTER	GUILFORD			7	47.60
265	CHRIS GREGORISKI	WETHERSFIELD			8	47.95
44	HEIDI HILINSKI	NORWICH FA			9	48.14
264	AISHA CAPERS	BRISTOL CENTRAL			10	48.20
272	LAURA SALCIUS	SO WINDSOR			11	48.42
267	KATHY POLLARD	TOLLAND			12	49.72
269	SARAH VACON	COGINCHAUG			13	50.40
270	ERICA MARCINIEC	VALLEY REGIONAL			14	50.69
266	KRISTINE RILEY	POMPERAUG			15	50.91
255	JENNA BERTRAND	LITCHFIELD			16	51.28
268	JEN BERGLUND	ELLINGTON			17	2:00.0

800 METER RUN

Division: WOMEN

EVENT # 12

160	LIZ MUELLER	WATERFORD			1	2:10.43
168	ANN PARE	POMPERAUG			2	2:17.18
113	LE ANDREA BANKS	BLOOMFIELD			3	2:19.41
162	MAGGIE FLANAGAN	NONNEWAUG			4	2:20.79
165	PATTI O'CONNOR	AMITY			5	2:21.02
161	BECKY DAHLBORG	MONTVILLE			6	2:21.63
174	KRISTEN DALY	DARIEN			7	2:22.87
164	JEN DEVINE	WINDHAM			8	2:23.11
175	KIM STOPPER	WATERTOWN			9	2:24.22
52	NICOLE RICHARDSON	SIMSBURY			10	2:25.49
166	LORETTA HENDERSON	RIDGEFIELD			11	2:25.50
158	MICHELLE REYNOLDS	STAPLES			12	2:27.97
159	BETH COOL	MANCHESTER			13	2:28.32
167	EMILY KLINGENSMITH	LEDYARD			14	2:28.41
163	GRETCHEN GILLUNG	ELLINGTON			15	2:28.46
169	MARY ZENTARU	SOMERS			16	2:29.65
171	COLLEEN PORCH	NW CATHOLIC			17	2:33.52
53	PATRENA GOODEN	WEAVER			18	2:37.20

CIAC STATE FINALS WOMEN  
200 METER DASH

EAST HARTFORD, CT  
Division: WOMEN

JUNE 3, 1990  
EVENT # 13

ENTRANT #	NAME	Clerk of the Course GR AFFILIATION	(c) 1989	Robert Podkaminer	PLACE	MARK
100	KRIS CARVILL	ENFIELD			1	25.96
145	TONREA THORNTON	RHAM			2	26.09
108	KRISTIE CELLA	SO WINDSOR			3	26.10
146	DARIA BROWN	WESTON			4	26.48
93	LOGAN NAKYANZI	GUILFORD			5	26.49
96	BETH CARDILLO	WINDSOR			6	26.54
102	ESLYN ESTWICK	BLOOMFIELD			7	26.65
135	STEPHANIE CHAMPLAIN	WATERFORD			8	26.68
31	CRISTEL NELSON	NORWICH FA			9	26.79
94	JEN MCMILLAN	GUILFORD			10	26.84
105	CHRISTINA BLIMLING	GRANBY			11	26.86
109	KELLY IGLICH	WETHERSFIELD			12	26.99
95	ALICIA LITTLE	WINDSOR			13	27.03
147	DANA BORZYNKI	SOMERS			14	27.13
23	CHARISE WATSON	GLASTONBURY			15	27.31
143	HOLLY PERNO	ST PAUL			16	27.32
141	JENNY PLANT	AVON			17	27.99
110	LISA SHAPIRO	GRANBY			18	28.11
107	SHANNON YATSENIK	VALLEY REGIONAL			19	28.77

3200 METER RUN

Division: WOMEN

EVENT # 14

37	REBECCA JORGENSEN	MERCY			1	11:10.24
170	HEATHER CUMMINGS	STAMFORD CATHOLIC			2	11:13.04
38	JULIA GALEAZZI	GLASTONBURY			3	11:17.67
191	BRENDA O'CONNELL	FITCH			4	11:19.45
192	AMY DESROGIEUS	WINDHAM			5	11:21.95
39	MEGAN BODEN	STAPLES			6	11:31.94
187	MAUREEN MCGOVERN	NEWTOWN			7	11:35.94
186	KATIE MCGOVERN	NEWTOWN			8	11:38.04
11	JESSICA O'CONNOR	ELLINGTON			9	11:39.71
200	MICHELLE KERACHSKY	WATERTOWN			10	11:42.39
195	MELISSA FUSARELLI	AMITY			11	11:42.43
194	SARA WALKER	ROCKVILLE			12	11:44.47
203	CHRISTIE CUMMINGS	COVENTRY			13	11:48.22
201	JULIE BENNETT	LYMAN HALL			14	11:54.48
177	ERIN LEAHY	HADDAM-KILLINGWORTH			15	11:58.46
202	KRISTEN SMITH	ST. BERNARD			16	11:59.06
189	FRANCES SPAULDING	GRISWOLD			17	12:02.36
193	KARA CORTESI	TORRINGTON			18	12:03.66
196	RAMONA MANSFIELD	HALL			19	12:10.25
199	MELISSA ENO	STONINGTON			20	12:15.02
197	DEBBIE DRAKE	AVON			21	12:30.28



CIAC STATE FINALS WOMEN  
4 X 400 METER RUN

EAST HARTFORD, CT  
Division: WOMEN

JUNE 3, 1990  
EVENT # 15

ENTRANT #	NAME	Clerk of the Course GR	of the Course AFFILIATION	(c) 1989	Robert Podkaminer PLACE	MARK
313	/		BLOOMFIELD		1	4:03.16
304	/		SO WINDSOR		2	4:05.30
92	/67,32,44,68 JEN LAPOUREUX - NORINE MADEAU - HEIDI HILINSKI - BRENDA MCCLAIN		NORWICH FA		3	4:07.05
87	/82,83,84,64 YOLANDA McDONALD - THELMA ZENE - DIAN BROWN - TAMARA JENKINS		WEAVER		4	4:08.62
306	/	Jr	HALL		5	4:08.73
315	/		DARIEN		6	4:09.27
317	/		NONNEWAUG		7	4:09.88
314	/		POMPERAUG		8	4:11.66
305	/		GUILFORD		9	4:14.09
90	/80,46,88,76 TANYA MELVIN - ORSELLA COOPER - KELLY BURNS - MARGARET HUTSELL		HAMDEN		10	4:14.39
316	/		WILTON		11	4:17.23
302	/		GREENWICH		12	4:20.76
318	/		ELLINGTON		13	4:23.15
320	/		ST PAUL		14	4:23.69
310	/		VALLEY REGIONAL		15	4:25.85